



**Pocono Mountain East High School  
Athletics, Clubs, & Activities**

All Club and Intramural programs strive to provide additional opportunities for students beyond the traditional school day, in areas such as academics, athletics, the arts, and citizenship/ community service endeavors. In addition to programs that have traditionally been offered to students at EHS, students have the opportunity to present ideas for new and exciting programs that may be of interest.

## **Aevidum**

Aevidum is an organization that seeks to eliminate the stigma associated with mental illness. It is a student-led club whose goals are suicide prevention and to create a school climate where all students can feel accepted, appreciated, acknowledged, and cared for.

**Advisor** - Kyleen Newlander/Moniqua Santiago

**Location** - Room 121

**Day(s)** - Monday



## **Anime Club**

Students participate in general anime-related activities such as reading manga, watching anime, drawing, cosplay, and other activities related to the art form.

**Advisor** – Dawn Hallenbeck

**Location** -204

**Day(s)** – Tuesday (2x monthly)



## **Black Student Union**

The goal of this club is to provide students with an opportunity to engage in activities and discussions designed to help foster a better understanding of experiences and issues that impact African American students. This club is open to all students regardless of racial and/or cultural differences.

**Advisor** – Christina Bracey/Shana Kunkle

**Location** -222 or 219

**Day(s)** - Thursday



## **Broadway Bound**

Do you love musicals? Do you like spending time with your friends? If so, Broadway Bound Club may be the club for you! This afterschool club will center around Theatrical Musicals! We will explore movies, songs, and scripts! In addition, we may have speakers who have worked on Broadway visit with us in person and/or virtually. We will also attend a show.

**Advisor** – Jacqueline Albrecht

**Location** – EJHS 234

**Day(s)** – Refer to announcements



## **Chess Team**

The Chess Team competes annually through the Eastern Pennsylvania Conference & State & National Competitions from Nov.- Feb.

The PME Chess Team is a competitive program that competes against other schools and teams throughout the year.

**Varsity Head Coach - Larry Bias**

**Location - 117**

**Day(s) – Monday - Thursday**



## Color Guard

A non-musical group that performs with the Marching Band, specializing in dance and movement. Join Google Classroom for more information. Must attend Spring practices to join for the Fall.

Google Classroom code: hc73aqy

[www.tinyurl.com/pmemb2024](http://www.tinyurl.com/pmemb2024)

**Advisor** - Kyle Niskala

**Location** - Band Room & “C” Lot

**Day(s)** – Tuesday, Thursday, Friday



## Concert Choir

The Concert Choir is a mixed male and female choir that is open to any student who wishes to sing in a group. Students perform three concerts a year and learn how to become better performers. This is a scheduled course, not after school activity.

**Advisor** - Trish Gladstone

**Location** - Room Chorus



## **Divisi Choir**

Divisi Choir is an honors advanced choir that performs three concerts a year and several performances throughout the community. This group is open by audition only. Auditions are held at the end of each school year for the following year. This is a full-year academic course.

**Advisor** - Trish Gladstone

**Location** - Room Chorus



## E Sports

Esports requires a tremendous amount of critical thinking, communication, collaboration, and creativity from players to achieve and sustain success. Esports at PMEHS currently meets every Thursday from 2:30 pm - 5:00 pm / 6:00 pm. We have over 40 students that participate weekly, for both leisure and competition. The student-athletes that participate in the competition teams must compete against each other to earn their seat. The best of the best then compete against other high schools & colleges. We belong to, and compete in, the Pennsylvania Scholastic Esports League (PSEL), the Pennsylvania Interscholastic Esports Association (PIEA), the High School Esports League (HSEL), and the PlayVS Esports League.

**Advisors** - Jessica Allshouse/Jason Anglada

**Location** - 248

**Day(s)** - Thursday



## Elevate

Elevate is a magazine that highlights the positive events, programs, and people at East High School. Students gain experience in magazine digital journalism, writing, editing, photography, layout, and design. This is a full-year course, not a club.

**Advisor** - Heather Baldauff/Christina Bracey

**Location** - 239

**Day(s)** - Daily



## **EPIC – East Pride Initiative Committee**

EPIC is a student driven club to create and develop activities and incentives to help spread PRIDE throughout East High School. EPIC works in collaboration with the staff PRIDE committee with creating a fun and involved atmosphere at EHS.

**Advisor** – Moniqua Santiago

**Location** – 235

**Day(s)** – Tuesday



## **FBLA**

FBLA - Future Business Leaders of America - helps high school students prepare for careers in business through academic competitions, leadership development, and educational programs.

**Advisor** - Kimberly Cosgrove

**Location** - Room 214

**Day(s)** – Tuesday



## **Future Educators Club**

The Future Educators Club provides a forum for students to become aware of career opportunities in education and nurtures their interest in teaching as a career. We hope to also provide an avenue for members to explore different forms of education.

**Advisor** – Sarah Garofalo

**Location** – Room 135

**Day(s)** – 2x Monthly Tue or Thu



## **Investment Club**

The Investment Club aims to create a supportive and engaging environment where students can learn about investments, practice strategies, and compete in the realm of finance.

**Advisor** – Beth Bresser

**Location** - Library

**Day(s)** – Monday



## **Jazz Band**

Open to students who want to further their playing abilities in the jazz idiom.

**Advisor** - Tim Eick

**Location** - Band Room

**Day(s)** – Tuesday, Thursday



## **Leo Club**

Community service club affiliated with the Tannersville Lions Club.

**Advisor** - Johanna Weaver

**Location** - H100

**Day(s)** – 1<sup>st</sup> & 3<sup>rd</sup> Tuesday every month



## Marching Band

The Marching band is a group of musicians who play instruments while marching, typically in a parade or at a sports event.

[www.tinyurl.com/pmemb2024](http://www.tinyurl.com/pmemb2024)

**Advisor** - Tim Eick

**Location** - Band Room & “C” Lot

**Day(s)** – Tuesday, Thursday, Friday



## **Mindfulness Club**

Mindfulness Club aims to offer students, faculty, and community a space of relaxation and attention training, as well as to make friends with people interested in contemplative practices.

**Advisor** – Bob Pagotto

**Location** – 128

**Day(s)** – Wednesday



## **Mock Trial**

A Mock Trial is a competition in which students simulate a real trial. The trial concerns an official AMTA case that remains the same throughout the entire academic year. The case alternates between a civil and a criminal case every year.

**Advisor** – Jamie Hewitt

**Location** – H106

**Day(s)** – Monday, Tuesday, Wednesday



**MOCK TRIAL**



## **Model UN Club**

In Model United Nations, students step into the shoes of world leaders and act as delegates to the United Nations, simulating UN committees, and working together to solve global challenges. They represent different countries, learn how to research, practice public speaking, have a ton of fun, and grow into confident student leaders who are prepared for college, internships, and their future careers.

**Advisor** – Kristy Snider

**Location** - 120

**Day(s)** - Wednesday



## **Musical**

The spring musical performs three shows in March/April that showcase student's ability to act, dance, and sing. Students may join by audition only, auditions are held in October each year.

**Advisor** – Brandon Hanks-Cherry

**Location** - Auditorium

**Day(s)** - Check AM/PM Announcements



# National Art Honor Society

We aid members in working toward the attainment of the highest standards in art areas and bring art education to the attention of the school and community.

**Advisor** - Dawn Hallenbeck/MaryKate Citera

**Location** - 204

**Day(s)** – Wednesday (2x monthly)



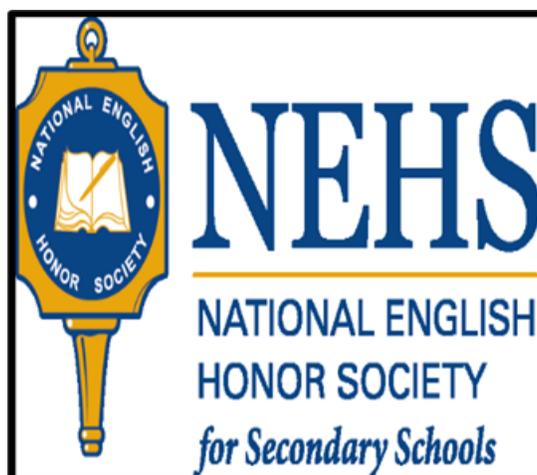
## **National English Honor Society**

The National English Honor Society (NEHS), founded and sponsored by [Sigma Tau Delta](#), is the only international organization exclusively for secondary students and faculty who, in the field of English, merit special note for past and current accomplishments.

**Advisor – TBD**

**Location –**

**Day(s) -**



# **National French Honor Society**

An academic club dedicated to the learning of and the enrichment of the French language and culture.

**Advisor** - Johanna Weaver

**Location** - Room H100

**Day(s)** – 1<sup>st</sup> & 3<sup>rd</sup> Tuesday every month



# National German Honor Society

An academic club dedicated to the learning of and the enrichment of the German language and culture.

**Advisor** - Carol Tetrault

**Location** - Room H103

**Day(s)** - Members will be notified



## **National Honor Society**

Academic service club- see the student handbook for more information.

Members of NHS demonstrate the four pillars of our organization: service, leadership, character, and academic excellence. NHS hosts the Poetry Out Loud recitation contest, Read Across Monroe book drive, Voter Registration drives, and much more!

**Advisor** - Allison Carpenter

**Location** - Room 232 or cafeteria

**Day(s)** – Monday & Tuesday



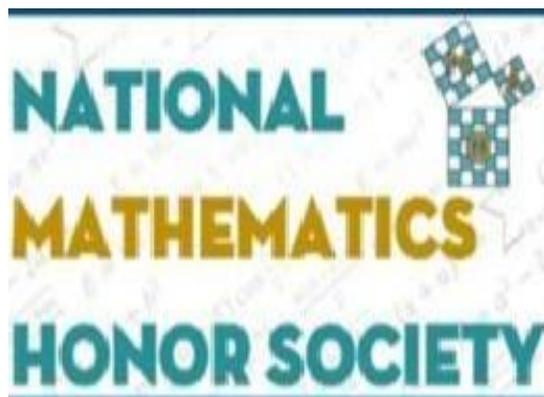
## **National Math Honor Society**

You must complete 2 years of Math including Algebra and Geometry - must be enrolled in Algebra 2 or higher and the 3.0 converts to 88%.

**Advisor** – Kim Cosgrove

**Location** - 214

**Day(s)** – Tuesday



# National Psychology Honor Society

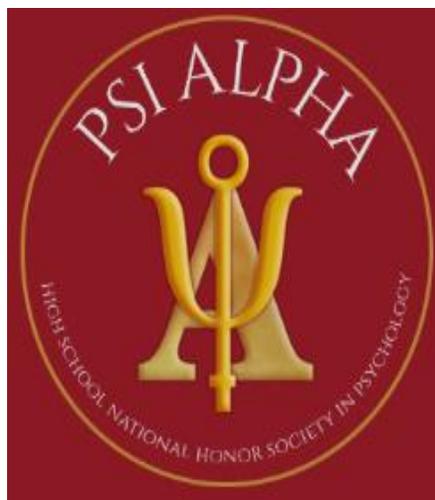
## Psi Alpha

Psi Alpha is the APA's high school psychology honor society. We do activities related to psychology and mental health.

**Advisor** - Robert Pagotto

**Location** - Room 128

**Day(s)** - Tuesday



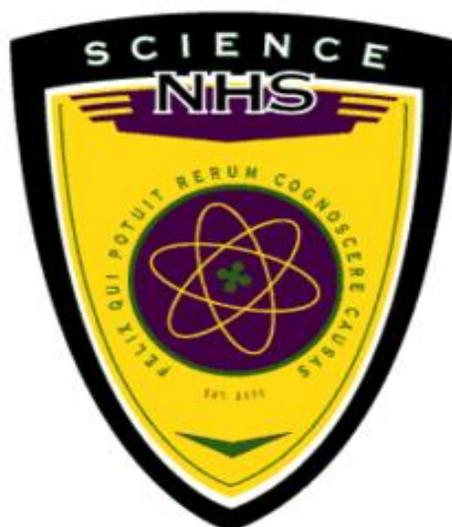
## National Science Honor Society

Taking the best of our science students, we help spread a love of science through community service.

**Advisor - TBD**

**Location -**

**Day(s) –**



# **National Spanish Honor Society**

**Sociedad Honoraria Hispania**

Spanish Honor Society promotes Spanish language learning. Spanish students will provide tutoring help to other Spanish students. We will have a community service component/volunteer. We also will do fun activities related to Spanish culture.

**Advisor** - Michelle Bruzzese

**Location** – JH243 or 250

**Day(s)** - Thursday



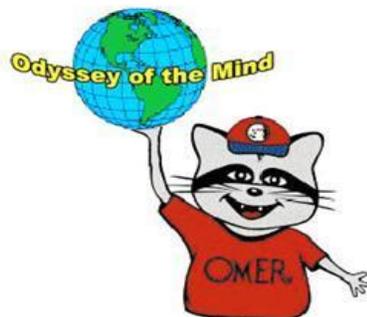
# Odyssey of the Mind

An international problem-solving competition. Participants work with up to seven team members to find creative solutions to the problem they choose. Teams participate in a regional competition, with the top teams moving on to a state competition. Teams who place first or second at the state competition advance to the World Finals in May. Those who have musical talent, artistic ability, building skills, or can act are encouraged to join.

**Advisor** – Chelsea Straub

**Location** - 111

**Day(s)** – check announcements



## **Peer Support**

Peer Support is part of the Sociology/Peer Support class. We help with building-wide events. We give tours to new students. We assist teachers with their classes, and we serve as mentors to students at SIS.

**Advisor** - Michelle Belavitz & Robert Pagotto

**Location** - Room 128



## **PJAS - Pennsylvania Junior Academy of Science**

Students research a problem, conduct experiments, and present findings to a board of judges in local and statewide competitions.

**Advisor** – Melissa Moran

**Location** - 115

**Day(s)** – check announcements



## **Reading Competition**

If you like to read, this is the team to join! Being a member of this group does not require much more than reading a good book. All you must do is remember a bit of what you read to answer questions about the books.

**Advisor** - Beth Bresser

**Location** - Library

**Day(s)** - Monthly (see announcements)



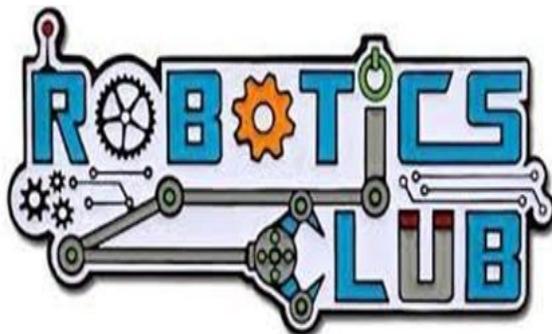
## **Robotics**

Work together to design, build, and program a robot. Students interested in STEAM, coding, problem-solving, or just wanting to be part of a team are encouraged to join. Experience in motors or coding is a plus, but not required.

**Advisor** - Kyle Miscavage

**Location** – 247

**Day(s)** - Tuesday



# **SADD - Students Against Destructive Decisions**

SADD is a club that educates and empowers students. "We aim to prevent accidents from students who potentially make destructive decisions through education and example."

**Advisor** - Irene Chowdhury

**Location** - 245

**Day(s)** - Thursday



## Scholastic Scrimmage

It's answering questions on about anything like Jeopardy. We use a buzzer system as well. Scholastic Scrimmage competes through the EPC from Oct. to Nov. They have a regional competition in the Spring.

**Advisor** - Melissa DeFazio

**Location** - Room 230

**Day(s)** - Monday



## **Science Olympiad**

A group of 15 students compete against other schools in a series of 23 events in every field of science. Science Olympiad travels to colleges and high schools around the state to compete.

**Advisor** - Keith Walters

**Location** - 249

**Day(s)** – Monday & Wednesday



## **SGA - Student Government Association**

SGA is made up of elected student officers and general members who like to be a part of organizing, promoting, and implementing school-sponsored events. SGA works collaboratively with administration, faculty, staff, and other student organizations to create a positive atmosphere within the education setting. SGA holds various fundraisers throughout the year that benefit the student body as a whole, the local community, and national organizations/causes. Members of the SGA look to promote school spirit and offer activities and events, both during and outside the school day, to give students a well-rounded educational experience.

**Advisor** - Jessica Allshouse /Melissa DeFazio

**Location** – 136 & 230

**Day(s)** - Tuesday, Wednesday, Thursday



## **Show Choir**

Show Choir is a musical ensemble that combines choral singing with a choreographed dance, often singing popular or vocal jazz music. Admission is by audition only and you must be in choir to participate. Auditions are held in May for the following year.

**Advisor** - Trish Gladstone

**Location** - Auditorium

**Day(s)** - Monday



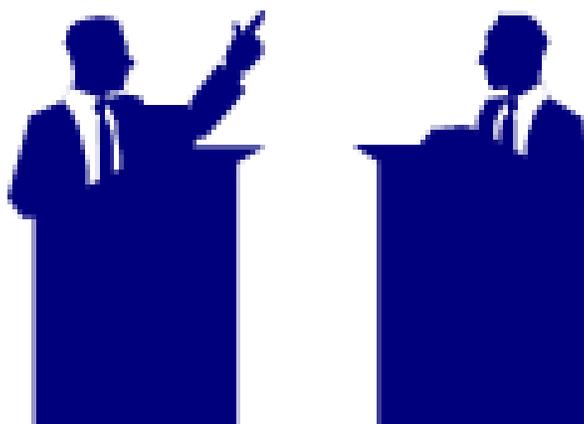
## **Speech & Debate**

Students compete against high schools in the EPC in competitive public speaking. Students write arguments in the affirmative and negative regarding the National Policy Debate resolution. Then the students debate against other teams in groups of up to 4 people.

**Advisor** – Amy Martin

**Location** - 126

**Day(s)** – Monday & Wednesday



## **Step/Dance Team**

The step/dance team combines step and dance. Commitment and hard work are necessary. The team performs during half-time at home basketball games. Practice is mandatory; there are no excuses.

**Advisor** - Shana Kunkle

**Location** – 119/Cafeteria

**Day(s)** - Wednesday



## **Tri-M Music Honor Society**

The Tri-M Music Honor Society is a club for students displaying high academic, behavioral, and leadership qualities in the music department. Students complete service hours and assist with various music department events throughout the year. Students must be in band or chorus for entry.

**Advisor** - Trish Gladstone

**Location** -Chorus Room

**Day(s)** – Last Wednesday of the month



Tri-M Music  
HONOR SOCIETY

# TV Studio/Morning Announcements

Produce and broadcast morning announcements

**Advisor** - David Orehotsky

**Location** - Room TV Studio

**Day(s)** – Monday - Friday



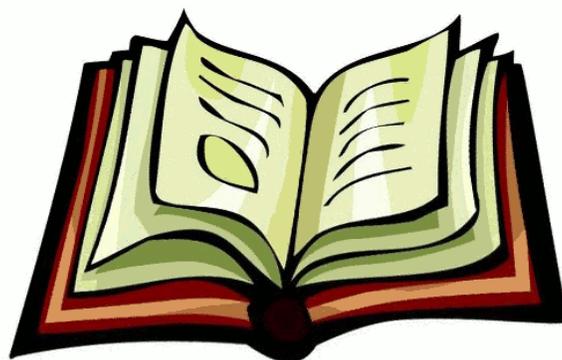
## **Yearbook**

Yearbook Publishing I and II are offered as elective classes for students in grades 10-12. Students who wish to participate in the class should schedule it for the previous school year. Applications are required and are made available by Dr. Bracey and the guidance office staff. We meet daily during the school day.

**Advisor** - Dr. Bracey

**Location** - Room 222

**Day(s)** – during period 3



# Athletics

A physical is only needed when you are in season for the sport. Intramurals and conditioning do not require a physical. We offer free physicals three times a year. Fall, Winter, and Spring Athletes must register online through Family ID ([www.familyid.com](http://www.familyid.com))

Athletic Director – Ms. Jessica Johnson  
[jjohnson@pmsd.org](mailto:jjohnson@pmsd.org)

Asst. Athletic Director – Mr. Gerry Greeley  
[ggreeley@pmsd.org](mailto:ggreeley@pmsd.org)

# Fall Sports



Boys Soccer



Cheerleading

Cross Country



Field Hockey



Football

Girls Soccer



Girls Tennis



Girls Volleyball

Golf



# Winter Sports



Boys Basketball

Competitive Spirit

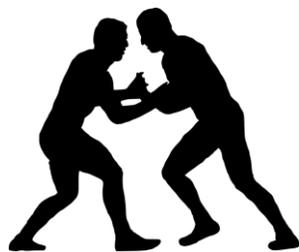
Girls Basketball



Swimming



Boys/Girls Wrestling



# Spring Sports



Baseball

Boys Tennis



Boys Volleyball

Softball



Track & Field



